

Thursday SAA Share & Topic Discussion ZOOM Meeting Format

Welcome to the Thursday **SAA Share & Topic Discussion** meeting. My name is _____ and I'm recovering from sexual addiction.

This is a closed mixed meeting, open only to those seeking their own sexual abstinence. The length of this meeting is 90 minutes, but there is no requirement to stay the entire time as you are free to come and go as desired. At this time, we ask that you be courteous to the other members and please mute your microphone while you are not using it so as not to disturb the meeting. We'll open with a moment of silence for the addict that still suffers, followed by the **Serenity Prayer**.

I would now like to ask anyone that is a newcomer to the SAA program, or, new to this meeting, to please identify yourself by telling us your first name so that we welcome you.

Sex Addicts Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from sexual addiction. The only requirement for membership is a desire to stop compulsive sexual behavior. There are no dues or fees. **Sex Addicts Anonymous** is not allied with any sect, denomination, political organization or institution, nor do we wish to engage in any public controversy, or endorse or oppose any outside causes or issues. SAA is not sex therapy or group therapy. Our primary purpose is to achieve sexual abstinence and help other addicts become abstinent.

Would someone please read the 12 Steps of SAA

Would someone please read the Tradition of the Month

To protect the anonymity and privacy of the members of this group, we will open by introducing ourselves along with our sobriety date **ONLY**. If you feel uncomfortable divulging such information, please simply state your name and say "pass". I will begin and then call out the members present.

We begin the meeting with a topic or article. *(If a written topic/article has not been selected then a topic may be selected by the group conscience)* After the chosen reading the meeting will be open for sharing on that topic or your work in the SAA program. When sharing please do not disclose any acting out locations, street names, publications or websites, as this may be a trigger to others. Also, very important, we caution you **not** to divulge any illegal behaviors as such information could be used against you in a court of law. If you feel someone is being too explicit in their share please do not hesitate to let the group know.

(Around 6:20pm) That's all the time we have for tonight. Are there any SAA announcements? Remember, this is an anonymous meeting...take what you want and leave the rest. Lastly, it's alright to say that you were at this meeting but please do not say that another was.

Would someone please read **The Promises**? Would someone please read **The Prayer of St. Francis**?

Finally, would someone please read **The Closing Statement**?

For all who desire, let's join hands as we say the **Serenity Prayer**.